

# FitSteps for Life® Referral

Phone – 903-561-0149

Fax – 903-561-7975

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

DOB: \_\_\_\_\_ Gender: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Alternate Number: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Stage:  I  II  III  IV Primary Language:  English  Spanish  Other \_\_\_\_\_

Restrictions: \_\_\_\_\_

Referring Physician (printed): \_\_\_\_\_

## Physician Signature: \_\_\_\_\_

Please fax the referral form to the number listed above. Once the referral is received, the patient will be contacted to schedule an initial appointment at one of the following FitSteps for Life exercise centers:

<b>Abilene</b>	<b>Phone (325) 665-9244</b> Strength for Life
<b>Fort Worth</b>	<b>Phone (817) 922-1140</b> Baylor Scott & White All Saints Medical Center
<b>Fort Worth</b>	<b>Phone (817) 735-0550</b> UNT Health Science Center
<b>Greenville</b>	<b>Phone (903) 408-1886</b> HMRC Rehab & Fitness Center
<b>Mount Pleasant</b>	<b>Phone (903) 434-8000</b> Titus Regional Medical Center
<b>Waco</b>	<b>Phone (254) 202-3800</b> Getterman Wellness Center
<b>Dallas Metroplex Office</b>	<b>Phone (972) 664-0523</b>
Arlington	University of Texas at Arlington
Dallas	Baylor Sammons Cancer Center
Duncanville	Baylor Scott & White Cancer Center
Garland	First Baptist Church
Plano	Baylor Scott & White Medical Center
<b>East Texas Office</b>	<b>Phone (903) 561-0149</b>
Bullard	Bullard Southern Baptist Church
Jacksonville	First Baptist Church
Lindale	Christus TMF Health and Fitness
Tyler	First Baptist Church
Tyler	First Christian Church
Tyler	Texas Oncology – Tyler at Northeast Texas Cancer and Research Institute
Tyler	University of Texas at Tyler

Visit [www.fitstepsforlife.org](http://www.fitstepsforlife.org) for more information.